

# CFJ Sailing



## Class Description

This is a beginner to intermediate double-handed class which will introduce the Club Flying Junior for junior high and high school age kids with little to no sailing experience. Sailors are encouraged compete in regattas around southern California in addition to weekly practice.

In contrast with high school sailing, this class will maintain an emphasis on spinnaker work. Team racing practice may be incorporated on weeks with no subsequent regattas. Charter boat and equipment included. Class sessions include a brief chalk-talk, a variety of on-the-water racing drills and activities, practice races, and debrief following derigging.

## Requirements

Racing experience is recommended but not required. If you are interested in getting involved with competitive sailing for the first time, please contact the Sailing Director for more information. Sailors must own a United States Coast Guard (U.S.C.G.) approved life jacket fit for their daily use as well as proper footwear (no sandals or bare feet). Sailors are expected to bring appropriate gear depending on the weather conditions. Boat Charter Fee is included in tuition. Parents may be requested to tow a trailer to travel regattas if their child participates. The BCYC Sailing Office MUST have a completed Medical Release Form on file by the first day of the program.

## Class Hours

Fridays 3:30pm - 6:30pm

## Member Price

Full Program (8 weeks): \$400

Half Program (4 weeks): \$275

**Non-member fee: \$75**

**Sibling Discount: -\$25 per sailor**

**Early Registration Discount: Register before 9/1 for -\$25**